



Wellness Today Spin 6 Challenge

Registration Form

Event Details:

Saturday, January 26th, 2019

6 Hours of Spin Fun led by Judy and Sheila!

6:00 am – 12:00 pm (Gym opens at 5:30 am)

You can ride individually or as a team (up to 6 members). You decide what time and how long to ride (prizes will be awarded for various accomplishments). Breaks are taken at your own discretion. Water and snacks available throughout ride but feel **free to bring your own**. Non-members are welcome so bring a friend!! (Please remember you must have Doctor's Release if you are 40 and over). Call 771-8010 for details or questions regarding event.

T-Shirt Registration deadline: January 17th (packet included)

Late registration deadline: January 24th (no packet included)

Packet pickup: Friday January 25th 8:00 am - 6:00 pm

Name: _____

Team _____ or Individual _____

Contact Number: _____

E-mail: _____

T Shirt Size (please circle): S M L XL 2XL (\$2.00 extra for 2XL)

Registration Fee: Members-\$25 Non-Members-\$30

Employees-\$20

PLEASE RETURN THIS FORM ALONG WITH YOUR PAYMENT TO Wellness Today

RIDE TIMES

Whether you are riding as an individual or team,
PLEASE make **SURE** you fill out all applicable information.

IT IS *ESSENTIAL* THAT YOU WRITE DOWN RIDE TIMES.

TEAM INFORMATION:

Team Captain: _____

Team Name: _____

Team Member Names and Ride Times:

	Team Member:	Ride Time:
1	_____	_____
2	_____	_____
3	_____	_____
4	_____	_____
5	_____	_____
6	_____	_____

_____ I am riding for 6 hours